

## About the Conference

This conference will offer a variety of practical approaches to managing the complex challenges faced by service providers. Day one will focus on issues related to serving aging populations and day two will focus on planning and supports for persons with Mental Retardation and Mental Illness.

*Sponsored by*



Caswell Center is a state operated residential facility for people with developmental disabilities. Founded in 1911, it was the first facility of its kind in North Carolina. The Center also provides services to people with developmental disabilities throughout the eastern region of the state. The Center operates under the auspices of the North Carolina Department of Health and Human Services. Contact number is (252) 208-4000 or [www.caswellcenter.org](http://www.caswellcenter.org).



Caswell Center Foundation, Inc. was founded in 1999 with a mission of supporting efforts that enhance the quality of life for individuals with developmental disabilities/mental retardation and their families at Caswell Center and in the eastern region of North Carolina. It is a 501 (c) 3 nonprofit organization and is based in Kinston, North Carolina. All inquiries can be made to Danny Rice, Executive Director, at (252) 208-3764 or [danny.rice@ncmail.net](mailto:danny.rice@ncmail.net).



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2415 West Vernon Avenue  
Kinston, NC 28504-3321

## "CRITICAL SOLUTIONS FOR CHALLENGING POPULATIONS" 2007 Conference



**November 1 and 2, 2007**  
**Caswell Center**  
**Leisure Activity Center**  
**Kinston, NC**

# "CRITICAL SOLUTIONS FOR CHALLENGING POPULATIONS"

## November 1, 2007

**8:00-8:30 Registration**

**8:30-8:45 Welcome**

**8:45-11:45 "Caring for the Caregivers: Helping Staff with Issues Related to Complicated Grief"**

Health Care Providers are working with more consumers with health problems such as dementia and Alzheimer's Disease. Direct care staff develop personal attachments with the people they work with and must deal with grief when these people are lost to them due to death and/or dementia. This presentation will center around end stages of life and ways to support both the staff and consumer as death approaches.

*Presenters:* David Hodges, MA, LPA, HSP-PA, Staff Psychologist II, Caswell Center; Katrina Power, Ph.D., Senior Psychologist I, Caswell Center; and Allen Ham, BA, Chaplain, Caswell Center.

**11:45-1:00 Lunch (on your own)**

**1:00-4:00 "The Aging Person with Down Syndrome: A Team Approach"**

Persons living with Down Syndrome are often faced with multiple challenges as they age. This presentation will introduce the audience to an individual living with symptoms that resemble the early stages of Alzheimer's Disease. It will outline the difficulties that led to this probable diagnosis and the confusion not only for the individual but her caregivers as well. Finally, it will offer strategies used by her habilitation team to maintain and preserve the quality of her life.

*Presenters:* Denise Parks, BS, Teacher, Sensory Impaired Services, Caswell Center and Erica Davis, RN, Staff Nurse, Caswell Center.

**4:00-4:15 Closing and Evaluation**

## November 2, 2007

**8:00-8:30 Registration**

**9:00-11:45 "Understanding Mental Retardation and Mental Illness"**

This presentation includes a definition and basic overview of mental retardation and mental illness. Presenters will explain the differences and describe the challenges facing people who are dually diagnosed. They will also share approaches that have worked in the Caswell Center MR/MI Program.

*Presenters:* Lori Van Meir, MA, Staff Psychologist II, Caswell Center; Dr. Sabanayagam, MD, Board Certified Psychiatrist, Psychiatric Consultant, Caswell Center; Amanda Scott, MSW, Director of Family Services, Caswell Center; Angie Linton, B.A., Family Services Coordinator, Caswell Center; and Charlie Wilkins, RPH, Clinical Pharmacist, Caswell Center.

**11:45-1:15 Lunch (on your own)**

**1:15-2:30 "Community Supports for Persons With Dual Diagnosis of Mental Retardation and Mental Illness"**

There are services available in the Eastern Region developed to address the needs of persons with a dual diagnosis of Mental Retardation and Mental Illness (MR-MI). This session will be led by regional resource professionals who will discuss the range of services plus areas of need in the service delivery system for this challenging population.

*Presenters:* Belinda Alligood, LCSW, MR/MI Unit Coordinator, Behavioral Health Services, Pitt County Memorial Hospital; Nancy Hux, BS, QDDP, Care Coordinator, Five County Area Mental Health Authority; Melissa Whisnant, BS, QDDP, CAP-MR/DD and MR/MI Specialist, East Carolina Behavioral Health; and Lorie Winn, BA, QDDP, Developmental Disability Specialist, Southeastern Center for MH/DD/SAS.

**2:45-4:00 "Severe Reputation"**

Due to the intense needs of persons with a dual diagnosis of Mental Retardation and Mental Illness (MR-MI) and their exposure to multiple service systems, this group of individuals often ends up with "severe reputations" that can often have a negative impact on receiving appropriate services. This session addresses the root of this problem and solutions for overcoming this stigma.

*Presenters:* Belinda Alligood, LCSW, MR/MI Unit Coordinator, Behavioral Health Services, Pitt County Memorial Hospital; Nancy Hux, BS, QDDP, Care Coordinator, Five County Area Mental Health Authority; Melissa Whisnant, BS, QDDP, CAP-MR/DD and MR/MI Specialist, East Carolina Behavioral Health; and Lorie Winn, BA, QDDP, Developmental Disability Specialist, Southeastern Center for MH/DD/SAS.

**4:00-4:15 Closing and Evaluation**

**4:15 Door Prizes**

## REGISTRATION



### REGISTRATION FEE:

**\$60.00 for 2 days**

**or \$35 for 1 day**

**-- November 1 or -- November 2  
(Check Date if attending 1 day only.)**

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Agency: \_\_\_\_\_

Mailing Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

*CEUs have been applied for with all workshop sessions.*

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### Return Registration Fee & Form to:

**Caswell Center Foundation, Inc.**

Lisa Burwell, Administrative Assistant  
Caswell Center Foundation, Inc.  
P. O. Box 1459  
Kinston, NC 28503-1459

For additional conference information or for special arrangements under the Americans with Disabilities Act (ADA) contact Lisa Burwell (252) 208-3766 or [lisa.burwell@ncmail.net](mailto:lisa.burwell@ncmail.net), or fax: (252) 208-3771.

**Registration Deadline is  
October 19, 2007**

**(No Refunds)**